

Not everyone can make it to meetings in person. Here are some resources that many use to access vital recovery support online from home:

## Alcoholics Anonymous



[aa-intergroup.org/directory.php](http://aa-intergroup.org/directory.php)  
[onlinegroupaa.org](http://onlinegroupaa.org)  
[aaonlinemeeting.net](http://aaonlinemeeting.net)



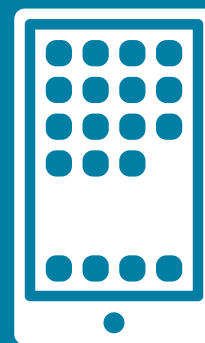
## Narcotics Anonymous

[virtual-na.org](http://virtual-na.org)  
[na.org/meetingsearch](http://na.org/meetingsearch)  
\*for country, select "Web"

## Online/Digital Recovery Support Resources

## SMART Recovery

[smartrecovery.org/smart-recovery-toolbox/smart-recovery-online](http://smartrecovery.org/smart-recovery-toolbox/smart-recovery-online)  
[smartrecovery.org/private-convenient-online-recovery-support](http://smartrecovery.org/private-convenient-online-recovery-support)



## Other Resources

[addictioncampuses.com/alcohol/apps-for-recovery](http://addictioncampuses.com/alcohol/apps-for-recovery)  
[sobergrid.com/howitworks](http://sobergrid.com/howitworks)  
[intherooms.com/home](http://intherooms.com/home)  
[unityrecovery.zoom.us/my/allrecovery](http://unityrecovery.zoom.us/my/allrecovery)