The Active Ingredients in Recovery Community Centers

4th town hall style seminar in the NIDA-funded series on recovery community centers (RCCs) and how these RCCs can support persons treated with medications for opioid use disorder
Part of a larger effort

- NIDA-funded R24 program
- **Goal:** To advance the science on recovery community centers (RCCs) to support persons treated with medications for opioid use disorder
- **Specific Aims:**
  - Engage RCC stakeholders in research-advancing activities such as seminars, funding, advisory board meetings, and hands-on support.
  - RCC stakeholders = anyone who contributes to or can benefit from the support RCCs can provide
  - Disseminate tools and products that facilitate research on RCCs
The Steering Committee is made up of scientists, clinicians, RCC leadership and persons with lived experience from multiple organizations and institutions from across the US.

Principal Investigators:

- John F. Kelly
- Bettina B. Hoeppner
- Patty McCarthy
- Julia Ojeda
- Sarah E. Wakeman
- Robert D. Ashford
- Brandon G. Bergman
- Lauren A. Hoffman
- Amy A. Mericle
- Philip Rutherford
Congratulations to Tom Hill!

• Tom Hill, presenter at our 2nd seminar and former steering committee member, has accepted a position as Senior Policy Advisor for the White House Office of National Drug Control Policy.
Resources on website:

- Video recordings of seminars
- Outcome reports of funded pilot studies
- Repository of scales to assess RCC outcomes
- List of RCCs and participants interested in studies on RCCs
- Conference presentation slides
- Summaries of patient advisory board meetings
- Repository of papers on conceptual framework of RCCs

https://www.recoveryanswers.org/addiction-research-summaries/building-research-infrastructure/
Funding for Pilot Studies

OVERVIEW:

This pilot study mechanism is funded by an R24 from the National Institute on Drug Abuse (R24DA051988).

The goal of this pilot study mechanism is to stimulate and support new research on delivering recovery support to persons seeking or in recovery from a substance use disorder via recovery community centers and research that advances the science to that end.

THE AWARD:

• Up to $30,000 per award
• Approximately 3 awarded per year
• Covers direct costs of the study (e.g., data collection activities, equipment, research assistant support)

ELIGIBILITY:

• Your proposed project must address the role of recovery community centers in supporting persons who were or who are in or seeking recovery from a substance use disorder or advance the science to this end (including but not limited to perceptions around MOUDs, linkages from clinical sites to RCCs, etc.). Studies focusing on persons who are or have been maintained on medications for opioid use disorder (MOUD) are particularly encouraged.

• You may be a faculty member, research scientist, post-doctoral research scholar or graduate student from any academic or health care institution in the United States. Black, indigenous, and other people of color (BIPOC) are especially encouraged to apply.

• You must document how you will share your findings (e.g., conference presentations, clinicaltrials.gov listing, journal articles, etc.) and allow the findings for your related data to be shared by the

Research

Advancing the Science on Recovery Community Centers
Funding for Pilot Studies
Funding for Conference Travel
Repository of Useful Scales/Measures and Conceptual Papers
Linkage for Scientists and RCCs
Hands-On Support
Seminar Series
Participate in Research
Funding for Conference Travel

OVERVIEW:
These scientific conference travel awards are funded by an R24 from the National Institute on Drug Abuse (R24DA051988) to help defray costs of conference registration, travel, and attendance.

The goal of these conference travel awards is to support presentations at national conferences that inform the scientific field about recovery community centers (RCCs) and how they may support persons seeking or in recovery from substance use disorder. We hope that by presenting more information on RCCs to the scientific community, we can stimulate research interest in them. Presentations in diverse scientific fields are encouraged (e.g., psychology, public health, addiction, social work, epidemiology, etc.). Of particular interest are presentations that focus on persons who were or who are being maintained on medications for the treatment of opioid use disorder.

THE AWARD:

- $1000 award (per presentation, with up to four presentations within a single symposium)
- 16 awarded per year
- ~4 awarded per quarter
- Award can be used to cover the cost of conference registration, travel, attendance, or peripherals associated with presenting virtually.

Research
Advancing the Science
Community Centers
Funding for Pilot Study
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Travel Award Application

Thank you for your interest in the scientific conference travel award!

The goal of this award is to support presentations at national conferences that inform the scientific field about recovery community centers (RCCs) and how they may support persons using medications for Opioid Use Disorder. We hope that by presenting more information to the scientific field that we can stimulate research interest in diverse scientific communities (psychology, public health, addiction) in recovery support via RCCs.

This conference travel award is funded by an R24 from the National Institute on Drug Abuse (R24DA051988) and can help defray costs of conference registration, travel, and attendance. The award is $1000 per presentation, with up to four presentations within one symposium. Our goal is to fund approximately 16 awards per year, where multiple presentations may be grouped in a single symposium (four per quarter).

To apply, simply complete this survey. You can apply at any time.

To be eligible for the travel award:
- Your conference proposal must address the role of recovery community centers in supporting persons who were or who are being maintained on medications for the treatment of opioid use disorders or advance the science to this end. (Including but not limited to: perceptions around MOUDs, linkages from clinical sites to RCCs, etc.)
- You may be a faculty member, research scientist, post-doctoral research scholar or graduate student from any academic or health care institution in the United States. Black, indigenous, and other people of color (BIPOC) are especially encouraged to apply.
- Proposals that are part of a symposium (i.e., oral presentation) on the topic of recovery community centers for individuals with opioid and other substance use disorders are preferred but not required. Multiple individuals within the same symposium are encouraged to.

We will notify you via email within two months of you submitting your application.

For questions, please contact Hazel Simpson at recoveryseminars@mgh.harvard.edu or the PIs of the R24 directly, Dr. Bettina Hoeppner, at bhoeppner@mgh.harvard.edu and Dr. John Kelly at jkeiley11@mgh.harvard.edu.

Logistics

First name: [Input]
* Must provide value

Middle initial: [Input]
Recovery Happenings

• New digital Recovery Coaches training, curriculum trainings, and digital recertification trainings to be offered to recovery coaches in Massachusetts. See more here: https://careersofsubstance.org/

• RCCs in MA will participate in a state-wide, 3-year evaluation and science-advancing process, run by Dr. John Kelly and his team at the Recovery Research Institute.

• If you have recovery happenings you would like to share, please email recoveryseminars@mgh.harvard.edu and we will post them on website!
**Demographic Questions**

**Who are you? Check ALL that apply.**
- Recovery community center (RCC) participant
- Recovery community center (RCC) staff / leader
- Clinician
- Prescriber (of medications for opioid use disorder)
- Recovery support staff / peer worker / volunteer
- Scientist (including scientists in training)
- Recovery advocate
- Healthcare decision maker (e.g., hospital leadership, department of health, etc.)
- Person with lived experience (regarding recovery)
- None of the above

**What is your gender? Select one.**
- Male
- Female
- Transgender Male to Female
- Transgender Female to Male
- Other

**Do you identify as Hispanic or Latino?**
- No, not Hispanic or Latino
- Yes, Hispanic or Latino

**What is your race? Select ALL that apply.**
- American Indian or Alaskan Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White or Caucasian
- Other
“Active Ingredients” of a Recovery Community Center

Phil Valentine
Brian Robbins
Rebecca Allen
Foundational Principles

- Recovery First!
- You Are In Recovery If you Say You Are
- Focus on Potential, not Pathology
- Multiple Pathways
- Err on the Side of the Recoveree
- Err on the Side of Generosity
CCAR Organizational Building Blocks

**ADVOCACY**
- put a face on recovery
- communications
- special events
- ORCA

**SERVICES**
- build Connecticut’s recovery capital
- recovery coaching
- recovery community centers
- telephone recovery support
- volunteerism

**TRAINING**
- global leaders in recovery coach training
  - participants
  - facilitators
  - curriculum
  - delivery

**ADMINISTRATION**
- solid foundation supports vision and mission
- administration
- human resources
- finance
- technology

**BOARD OF DIRECTORS**
- governance & finance
  - participants
  - facilitators
  - curriculum
  - delivery
Recovery Community Center Culture

- Recovery First!
- Honor All Pathways
- Non-Judgmental
- Competent enough to “embrace all”
- Service
- Connection to self & others
- Staff/Volunteers/Community
5 CCAR Recovery Community Centers

713 Main Street
Windham, CT 06226

198 Wethersfield Ave.
Hartford, CT 06114

1435 Chapel Street
New Haven CT 06511

430 State Street
Bridgeport, CT 06605

102 Norman Street
Manchester, CT 06040
Atmosphere

- Recovery-oriented “Sanctuary”
- Place of belonging
- Inclusion
- New Beginning/Second Chance
- Supportive
- Hope
- Healing
- Faith
- Positive

LOVE
Impact

- How do you know people get better?
- Define better
- Individual
- Family
- Community
Measures

- # of visits/# of individuals
  - 14,561 visits by 5,288 individuals
- # of volunteers/# of service hours
  - 238 volunteers contributed 17,914 hours
- Volunteer surveys
- Group/Meeting participation
- BARC-10

**Stories**

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Somewhat Disagree</th>
<th>Somewhat Agree</th>
<th>Agree</th>
<th>Strongly agree</th>
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<tbody>
<tr>
<td>There are more important things to me in life than using substances.</td>
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<td>In general I am happy with my life.</td>
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<td>I have enough energy to complete the tasks I set myself.</td>
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<td>I am proud of the community I live in and feel part of it.</td>
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<td>I get lots of support from friends.</td>
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<td>I regard my life as challenging and fulfilling without the need for using drugs or alcohol.</td>
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<td>My living space has helped to drive my recovery journey.</td>
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<td>I take full responsibility for my actions.</td>
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<td>I am happy dealing with a range of professional people.</td>
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<td>I am making good progress on my recovery journey.</td>
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What do you think is the best measure of an RCC’s impact?

- # of people using RCC
- # of hours people spend at RCC
- Proportion of people who sustain non-problematic substance use
- Proportion of people who are satisfied with recovery progress
- BARC-10
- Quality of life assessment (with a standardized scale)
- Proportion of people who attain concrete goals (e.g., job, housing, education, etc.)
Thank you!

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Brian Robbins- Senior Program Manager
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Rebecca Allen- Director of Recovery Support Services
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